

**Zeitschrift:** Jahresbericht / Akademischer Alpen-Club Zürich  
**Herausgeber:** Akademischer Alpen-Club Zürich  
**Band:** 122-123 (2017-2018)

**Artikel:** Hey, on va à Bleau? : Bouldering near Paris  
**Autor:** Frezel, Noémi / Jacob, Romain  
**DOI:** <https://doi.org/10.5169/seals-869292>

### Nutzungsbedingungen

Die ETH-Bibliothek ist die Anbieterin der digitalisierten Zeitschriften. Sie besitzt keine Urheberrechte an den Zeitschriften und ist nicht verantwortlich für deren Inhalte. Die Rechte liegen in der Regel bei den Herausgebern beziehungsweise den externen Rechteinhabern. Siehe Rechtliche Hinweise.

### Conditions d'utilisation

L'ETH Library est le fournisseur des revues numérisées. Elle ne détient aucun droit d'auteur sur les revues et n'est pas responsable de leur contenu. En règle générale, les droits sont détenus par les éditeurs ou les détenteurs de droits externes. Voir Informations légales.

### Terms of use

The ETH Library is the provider of the digitised journals. It does not own any copyrights to the journals and is not responsible for their content. The rights usually lie with the publishers or the external rights holders. See Legal notice.

**Download PDF:** 01.04.2025

**ETH-Bibliothek Zürich, E-Periodica, <https://www.e-periodica.ch>**

## HEY, ON VA À BLEAU ? - BOULDERING NEAR PARIS

On the weekend of 14–15 October 2017, we had perfect weather conditions for two days of bouldering in the forest of Fontainebleau near Paris. Although many AACZ members had expressed interest in the weekend, in the end only three adventurous AACZ Huttli (Noémie Frezel, Romain Jacob and Seth Griffiths) embarked for the snail-eaters' country. For those who may not know, the forest of Fontainebleau is one of the most renowned places for bouldering, both within France and worldwide. Huge sandstone boulders offer climbing challenges for everyone, from grade 2 climbs to nightmarish grade 9 climbs. There are many sectors in Fontainbleau, sometimes several hours hiking from each other. However, Fontainebleau offers boulders only.

After a night at Noémie's parents, we drove to Fontainebleau forest, an hour's drive from Paris. Following the advice of some Parisian friends, we went to Cuvier and Isatis, two sectors with a reasonable approach time and boulders in the 5-6 grade range. Being one of the best-known places for bouldering in France, the area was quite populated, but since Fontainebleau is huge, that was not so much of a problem. As a proof that Fontainebleau is the place to be, Seth met mountaineering buddies from Canada. Later, at the campsite, a big group was proudly putting up a "6a plus" sign – a bunch of climbers from Winterthur, slightly surprised when we greeted them with "Hoi zäme!".

Noémie Frezel and Romain Jacob

Noémie and Seth (photo Romain Jacob)

