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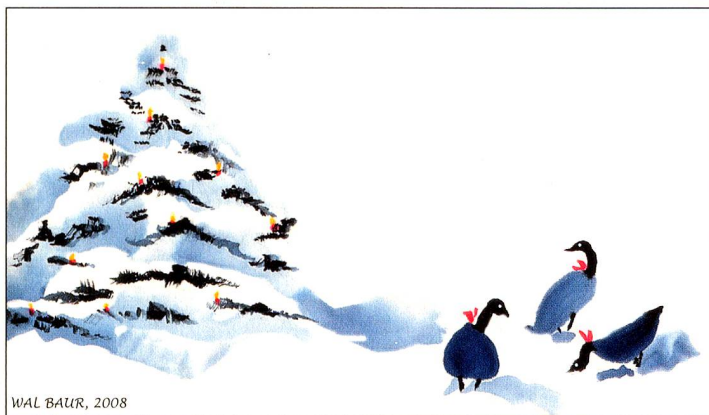
Editorial. Dear Readers in the United States

You may or may not know that I used to work for the Swiss Foreign Service. Then I took early retirement and moved with my husband back to the United States. In the beginning, when I related things from my "previous life" to friends, I always started out saying: "When I was still working..."

Then, one day I realized that I actually still worked. So from then on I had to say: "When I was still working for money...!" OK, Swiss Review is the exception; I get paid to do this. It's like a paid hobby. But I do so much other stuff, that I am constantly busy and – like so many retirees – have to ask myself: How on earth did I have time to work? Besides looking after my husband, two cats, a large house and an even larger garden, I am the President of the Swiss Singing Society Harmonie. We rehearse every Monday evening at Swiss Park and give several concerts each year. And then I take classes in Chinese Brush Painting. It started innocently enough. I wanted to take painting lessons. All the classes except Chinese Brush Painting started when we still had visitors and were traveling. And now, after eight years, these classes finally begin to pay off. So you will find on this and some other pages small samples of what I do. It's not art, but it's ok.

Swiss Review has a fair amount of advertisers who put their ads in year after year. I want to thank them here for supporting this publication. I hope that you, dear readers, also will support these companies by buying their products. To make things easier, I bundled all the smaller ads together under the heading: *Great Ideas for your Christmas Shopping*. So why don't you check them out and have a wonderful Holiday Season.

WAL BAUR, EDITOR, REGIONAL NEWS USA



*Merry Christmas and a Happy New Year
to all Swiss Review Readers in the US*



Travel Alert for Pets

Traveling to Switzerland with your dogs and cats - important changes effective now!

Do you want to bring along your dog or cat for holidays in Switzerland? Before you leave you have to make some arrangements regarding identification (chipping), rabies vaccinations and pet ID. A new online-tool of the Swiss federal veterinary office gives you all the help you need. Check on the link below to access the online-tool.

<http://bvvet.bytx.com/plus/dbr/default.aspx?lang=en>

If you fly into Switzerland directly, your pet will be checked by Customs at the airport. A fee of CHF 88.00 is charged for this Customs check. If the animals do not meet the entry requirements, they will be confiscated by the Border Veterinary Service and must be returned immediately to their country of origin at the expense of the person bringing the animals into the country. If a return is not possible within 10 days, the animals must be put down.

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Next Regional News

Swiss Review 1/10
Deadline USA
Approx. Arrival USA

Dec. 01, 2009
Middle of
February 2010

Swiss Review 2/10
Deadline USA
Approx. Arrival USA

March 17, 2010
Middle of May
2010



Texas

More Prizes for Swiss Artists!

Barbara Tennant (her website is www.marfalight.com) and Catherine Winkler Rayroud (www.catherinewinkler.com) both won a prize in the Juried Exhibition "Natural Habitat", which was a show organized by Archway Gallery in Houston (www.archwaygallery.com) to benefit the Houston Arboretum and Nature Center. The Juror was Dean Ruck.



Catherine Winkler Rayroud with the Juror Dean Ruck in front of her papercutting. Barbara Tennant won Third Prize with her painting "Suburban Jungle" and Catherine Winkler Rayroud won First Prize with her papercutting "Global Warning - Stop Messing with US". You just have to love those penguins! The show was open until July 30, 2009. Catherine Winkler Rayroud will have a papercutting in the 7th Exhibition of Swiss Papercutting taking place at the Bellerive Museum in Zurich from November 27 to April 4th, 2010. Another Swiss Papercutter, living in Florida, Lucrezia Bieler, will also have her work at the Belle-rive Museum in Zurich. Lucrezia has won many awards with her intricate papercuttings. To see some of her work, please visit her website www.bieler-beerli.com.



Barbara Tennant (left) in front of her painting with Lina Corinth from the Swiss American Society.

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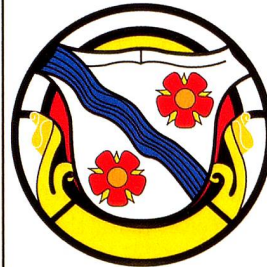
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Marlis Tanner

San Francisco General Hospital honors 48-year volunteer

Hairstyles may have changed a lot since 1961, but Marlis Tanner's quest has remained constant: giving down-on-their-luck patients at San Francisco General Hospital a free shampoo, haircut and an emotional boost. Every week for 48 years, the 82-year-old Russian Hill resident - the hospital's longest-serving volunteer - has filled a shopping cart with curlers, hair dryers, hair spray, shavers, shaving cream, scissors, towels, a pink mirror and a big, black smock. And every week, she's wheeled the cart down the institutional hallways, stopping whenever a patient needs a new hair-do. Vidal Sassoon she is not. She never had any training before taking on the volunteer position and said she doesn't bother keeping up with the latest styles. Forget anything fancier

than a couple of inches off the bottom. But for the patients at San Francisco General, many of whom are uninsured and homeless, none of that matters. Tanner is often their only visitor who's not there because it's her job, instead offering them 20 minutes of grooming and chit-chat just because she wants to. Hospital officials estimate Tanner has cut 10,000 patients' hair. She was rewarded at last year's annual fundraiser, the Heroes and Hearts Luncheon. On a recent morning, she took her cart to the fourth floor to wash and trim the hair of 56-year-old Aaron Bigsby, who said he was homeless off and on before winding up in the hospital 11 months ago with an infection that necessitated the amputa-

tion of some toes and fingertips. Tanner had a look of intense concentration as she washed and trimmed his hair. She then held up a mirror and asked, "Do you want to see it?" "It looks good to me!" he said, proudly surveying himself. "You can't beat a free haircut." She once helped a young man look especially nice because he wanted to impress his favorite nurse. And one time, she unwittingly washed the hair of a patient who'd died an hour before. Some of her patients sleep throughout her work, and she thought he was just dozing especially soundly until a doctor told her, "You know you just washed the hair of a dead man, right?" The story still makes her laugh.

Tanner, who sports a white pixie cut, moved from her native Switzerland to Chicago in 1957 to work as a nanny. A Swiss friend who'd moved to California wrote her saying, "You have to see San Francisco!" She got on a train with seven suitcases and never went back. She joined a community service group for young adults in the city, and the group was recruited for volunteer work at the hospital. She started off doing office work, but was bored and offered to give shampoos instead. "One day a young fellow asked me if I could give him a haircut," she recalled. "I said I would try. We had a mirror and we did it together, and it came out all right." Tanner, who never married or had children, held a string of jobs before retiring in 1990. She's ready to retire after 48 years at the hospital, too, but won't do it just yet. "There's nobody else doing it to replace me," she said.



Marlis Tanner dries the hair of San Francisco General patient Joseph Gomez, a finishing touch after a shampoo and trim.

EXCERPS FROM AN ARTICLE BY
HEATHER KNIGHT
SF CHRONICLE STAFF WRITER



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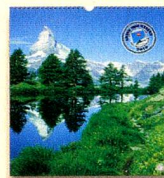
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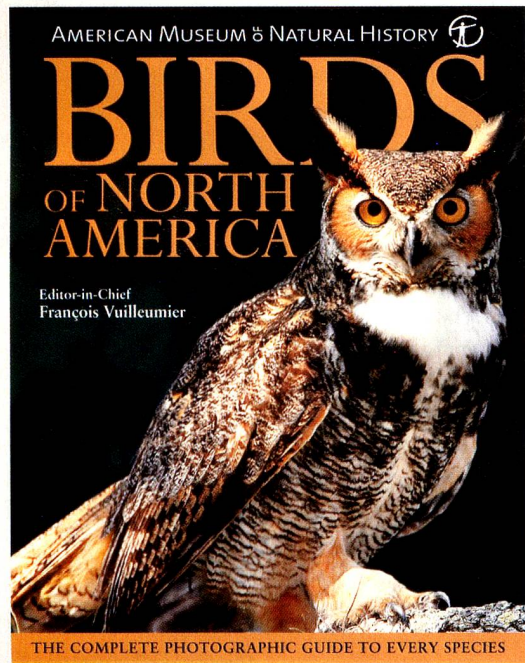
Book Reviews

Birds of North America

**François Vuilleumier,
Editor-in-Chief**

I love birds! On our breakfast table sit a pair of binoculars to identify as many flying guests as possible visiting our backyard.

So when the American Museum



of Natural History's "Birds of North America" arrived, I was overjoyed. The cover also states that it is "the complete photographic guide to every species". With 744 pages, all of them containing photographs and sketches – that is quite believable. Until recently I was using a bird-book from National Geographic. But now suddenly I have this endless volume which not only gives the Latin names, the common names, shows the bird in flight, gives the flight

pattern, length, wingspan, weight, lifespan and status (endangered or not). I immediately learned, that I had more species of hummingbirds visiting my bird-feeder, than I had thought. Black-chinned, Anna's, Costa's, Rufous and Allen's. It also confirmed my observations, that Rufous is the most aggressive

bird you can imagine. The book is so interesting because you get all kind of information normally not found in bird books. Do you know how many eggs your favorite birds lay, how often a year and on what they feed? It's all in the book.

François Vuilleumier was born and grew up in Switzerland, and now resides in the Hudson Valley of New York. Lifelong studies of birds made him uniquely qualified to be Editor-in-Chief. After obtaining a PhD at Harvard University, he started a long association with the American Museum of Natural History in New York City. His research has taken him all over the world.

The book is available at Barnes & Noble and other fine bookstores and on-line at Amazon.com

WAL BAUR

The Swiss Cookbook

By Betty Bossi



Swiss people have been getting delicious recipes and practical household tips from

Betty Bossi, the face of Swiss cookery, for more than 50 years. Now, for the first time, the publisher has produced a cookbook in English. Some traditional dishes have been reinterpreted so that the same ingredients produce a completely different dish, but a dish which is still authentically Swiss. This is a cookbook for natives, for everyone living in Switzerland, for fans and friends of Switzerland, for homesick Swiss expats and for foodies, epicures and gourmets – in short, a cookbook for the whole world!

"The Swiss Cookbook" is much more than just a collection of the country's most popular traditional recipes. It also describes new interpretations of Swiss classics, and modern Swiss dishes based on the freshest Swiss ingredients, as well as giving details of the various regions and their products. A gastronomic journey of discovery across Switzerland – informative and guaranteed to whet your appetite!

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The Life and Thoughts of an Immigrant

By Albert Wettstein



Growing up on a vegetable farm in Switzerland was not the easiest, which made him

leave home at age fifteen. After attending a horticultural college he wanted to see other countries. But WW2 left the economy in bad shape so that no jobs were available. The only countries to find work in where Canada, South America and the US. He chose USA and left Switzerland at age nineteen.

Wettstein's thoughts are based on his knowledge and by observing the environment, the economy, air, ground, water and food pollution including mind and body. His aim is not to hurt anyone's feelings but to plant a seed for the power of positive thinking, especially for the young generation. Wouldn't it be nice to make the greatest country in the world a hundred times greater and better? Anything is possible if the young, the economic and government leaders put their mind to it.

Albert Wettstein was born in Afoltern by Zurich Kreis 11 in 1930. He went to the Horticultural School Chatlain in Geneva 1946-1949 and moved to America in 1950 as a florist. In 1954 he became a Machinist-Toolmaker.

The book can be downloaded at ebookmall.com.

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San Diego Swiss German

I would like to start a social club for Swiss German speaking women 50+ in San Diego County. It would be fun to get together and form friendships. Please contact me at minaschuler@hotmail.com or (858) 752-8260 (cell).

RUTH DONOVAN



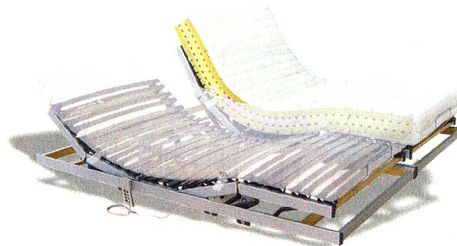
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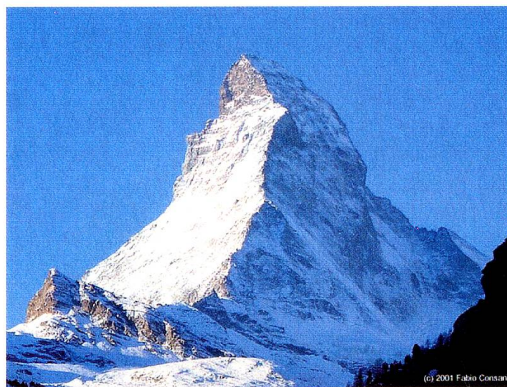
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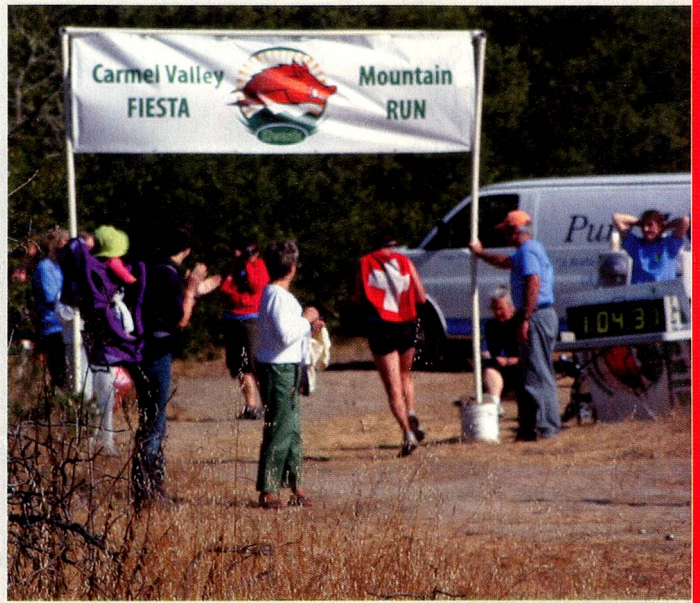
Lisa Shea handing the Swiss flag to her son Nicholas for the last part of his winning run.

Swiss Citizen Nicholas Schibig Shea celebrated August 1st, 2009 by winning the first annual, 8.5 mile Carmel Valley Fiesta Moun-



Proud mother Lisa Shea and happy winner Nicholas Shea

tain Run in Carmel Valley, California. His mother Lisa Shea, of Basel Switzerland, was sure to cheer him on with cow bells and by handing him a Swiss flag just before the finish. Shea won the gutting 8.5 mile race, with over 2,000 feet in elevation changes, in 1hour 4minutes 32 seconds,



Nicholas Schibig Shea crosses the finishing line with the best time: 1:04:31

4minutes over the second place finisher. For more info and results of the run, go to

<http://www.cvclub.org/> and click on "Fiesta Mountain Run"

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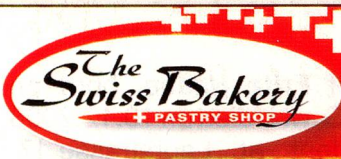
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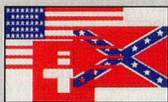
Wal Baur, 2008

*Pennsylvania
Tribute to Swiss Service
in the U.S. Civil War*

Bearing Arms to Preserve Liberty in a Foreign Conflict
On Saturday, August 8, 2009, the International Bundesbrief Society organized a family day at the National Civil War Museum in Harrisburg and a Guided Battlefield Tour in Gettysburg
Did you know that

- 6,000 Swiss fought in the Civil war for both sides, including the famous "Swiss Rifles"
- Six Civil War Veterans became President of the United States;
- Only one Veteran became President of another country; Switzerland, Emil Frey

Event Logo



- Only one man from the Confederate Army was tried, convicted and executed for war crimes at the end of the Civil War; Swiss-born Henry Wirz, Commandant of Andersonville, Prison. During the visit, the guests learned even more about Swiss and the American Civil War:



Members of the Bundesbrief Society, from left to right: Joerg Eichelberger, Clement Smith, Jim Scherrer, Markus Walther, Fred Wampler, Franz Portmann with the famous Bundesbrief

The Swiss Consul General in Washington estimated in 1862 that up to six thousand Swiss-born soldiers were fighting in the Union Army. Entire units were predominantly Swiss, for instance the 15th Missouri Regiment, known as the "Swiss Rifles," and Company A of the First United States Sharpshooters. One Swiss soldier, Emil Frey (1839-1922), after serving a harrowing eighteen months in a Confederate prison, returned to Switzerland. In 1882, he became the first Swiss minister to the



Swiss Lt. Colonel, Lukas Fuerrer with Union Soldiers at Tent Site

United States and, in 1894, President of the Swiss Confederation. Although some Swiss fought for the excitement, many were motivated by idealism. They felt that it was their duty to "support the great cause of the republic" and to fight for "an

idea that is destined to bring freedom to all men." Very few Swiss served in the Confederate army. One of them was Major Henry Wirz (1823-1865) of Zurich, commander of the notorious Confederate prisoner of war camp at Andersonville, Georgia, where Union pris-

JIM SCHERRER

PRESIDENT, INTERNATIONAL
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Diana Larisgoitia with "Clara Barton" American Red Cross Founder

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Call for Heirs

The statutory heirs of **Fritz Haase**, born on 11.01.1931, of Brugg AG, who died on 10.12.2008 and who was resident at Laurstrasse 17, 5200 Brugg, are unknown or of unknown whereabouts in some cases.

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