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# The paradise of gentle mobility.

Discover Switzerland on foot, by bicycle, skates or canoe on the SwitzerlandMobility trails.

SwitzerlandMobility coordinates the largest network of signed trails in the country. Totalling approximately 24,000 km, the routes for walking and hiking (9,000 km), cycling (9,000 km), mountain biking (4,500 km), skating (1,100 km) and canoeing (350 km) offer unlimited opportunities for discovering Switzerland. The diverse range of routes is combined with overnight accommodation offers, vehicle rental (including electric bicycles) and discount rail tickets. SwitzerlandMobility turns Switzerland into a true paradise for those seeking active leisure on an eco-friendly basis.

**SwitzerlandMobility**  
Dreaming about a bike ride along the most beautiful lakes in Switzerland or skating alongside the Rhine? Go to [www.switzerlandmobility.ch](http://www.switzerlandmobility.ch) where you can create your own individual Switzerland-Mobility route with just a few clicks of the mouse. Package offers or information on the individual routes, including luggage transport, can be found at [www.swisstrails.ch](http://www.swisstrails.ch).

**Network Switzerland**  
Register at [www.MySwitzerland.com/aso](http://www.MySwitzerland.com/aso) by 30 September 2010 and win two overnight stays for two at the Hotel Hannigalp, Grächen, in the Valais region.

## Skating alongside the river.

The asphalt on the Rhine dam and along Lake Constance is an ideal route for less experienced skaters. This trail also offers unlimited skating enjoyment for families with children as the entire route is kept separate from motorised traffic.



Tip 1

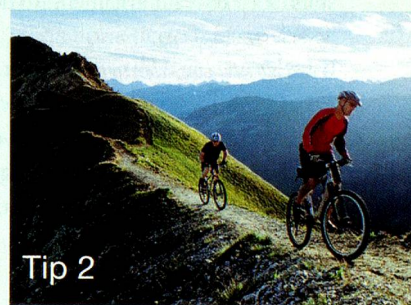
Further information:

[MySwitzerland.com](http://MySwitzerland.com)  
SEARCH 541 >>



## Sion-Visp bike tour.

Bike from the vineyards to the ski regions, from large centres of tourism to small, tranquil mountain villages, across picturesque alps with cool mountain brooks and superb trails – all with imposing views of the Rhone Valley.



Tip 2

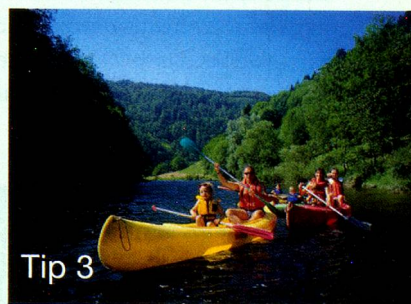
Further information:

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## Mittelland canoe trip.

The Aare, the longest river in Switzerland, passes right across the Mittelland. From Biel in the Aargau to Solothurn, the most beautiful baroque city in Switzerland, you'll be surprised by the peace and solitude this journey by canoe offers.



Tip 3

Further information:

[MySwitzerland.com](http://MySwitzerland.com)  
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A collaboration between Switzerland Tourism and the Organisation of the Swiss Abroad (OSA)



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