

Zeitschrift: Helvetia : magazine of the Swiss Society of New Zealand
Herausgeber: Swiss Society of New Zealand
Band: 27 (1964)
Heft: [6]

Rubrik: [Impressum]

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AT THE HALFWAY MARK

With half of the new year already drawing to a close, we all, at times, look back from the days of the present to the days of the past and for only by that measure can we judge the progress we have made, also the mistakes which may have put the brakes on our efforts.

There are moments in our life when we wish that we could put the clock back, but it is quite obvious the past days are gone and can never be recalled.

Therefore, we must, at all times, endeavour to do our best in all things and if events do not turn out to our liking we must learn to accept with serenity what is outside of our power to change.

To reflect and to learn to profit by our mistakes is to grow up and mature in our outlook in life and will be helpful to recognise opportunities that may come our way in the future. —W.R.