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## CHANGE FOR PROGRESS OR BE DESTROYED BY CHANGE

*It is said that the Chinese have a proverb: "Nothing is permanent in life except change." Change is part of the law of life. We must grow physically from childhood to adulthood, and mentally from ignorance to knowledge, and emotionally from insecurity to stability.*

*We must grow, also, in keeping with our environment. Complexity of living has come upon us with our progress in science and technical knowledge. It's impossible to close our eyes and ears to changing facts, directing our actions on the ideas already inside our heads.*

*In fact it is well to have a sort of spring clean in our minds every now and again. We can add many hours of peace to our lives if we are willing to throw away some old ideas and let bygones be bygones. We invite worry when we dwell upon the past, reproduce old differences of opinion, and painfully retrace the steps of an old quarrel.*

*A man who is obstinate in a changing world is not showing signs of willpower, he is deceiving himself, he makes himself a nuisance by carrying his firmness beyond the dictates of reason or right. He is bound to feel himself misunderstood and unwanted and left behind by progress.*

—W.R.