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THE VALUE AND ADVENTURE OF A CHANGE

CHANGE is a necessary part of everybody's life, and it will come, sometimes, quite unexpectedly. It will depend on the individual how to adopt himself to a change, how to face the situation and the new circumstances.

Some people sit down dejectedly and gloom and ask themselves "How did this happen to me?" They are feeling sorry for themselves and consequently can become quite a burden to somebody.

Some other people face the situation squarely. They get busy with every and anything that comes along. They have no time to brood about what happens to them and become an asset to the community because their interests are catching and create new opportunities and new adventures.

Some people find a solution to boredom by joining a garden circle or a church group. Some people call on science to assist them in advanced age — they are never too old to learn.

Photography can be a very rewarding and most interesting hobby: there is no end in this field as there are so many facets of photography which can capture the imagination of many people and those who find pleasure in viewing photographs or slides.

Bird fanciers might find pleasure in rearing and keeping birds which they have wanted for so long but have never found the time to pursue before. Cactus or flowers and roses can add a lot to somebody's life. You only have to go to a meeting of a group of orchid fanciers and you will be drawn into a circle which might completely change your mind about "what will I be doing tomorrow."

Everyone is different from their neighbour and consequently will not have the same interest, but I am sure if you are keen and willing to adopt you will find a solution to your problem which to a big extent could be only imaginery.

—W.R.