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## Joys of Womanhood

Women over 50 don't have babies, because they would put them down and forget where they left them.

One of life's mysteries is how a 2 pound box of candy can make a woman gain 5 lbs.

My mind not only wanders, it sometimes leaves completely. The best way to forget all your troubles is to wear tight shoes.

The nice part about living in a small town, is that when you don't know what you're doing, someone else does.

The older you get, the tougher it is to lose weight, because by then, your body and your fat are really good friends.

Just when I was getting used to yesterday, along came today.

Sometimes I think I understand every thing, then I regain consciousness.

I gave up jogging for my health when my thighs kept rubbing together, and setting my pantyhose on fire.

Amazing!! You hang something in your

closet for a while and it shrinks two sizes!!!

Skinny people irritate me!!! Especially when they say things like, "You know, sometimes I just forget to eat."

I've forgotten my address, my mother's maiden name, and my keys, but I've never forgotten to eat. You have to be a special kind of stupid to forget to eat.

A friend of mine confused her Valium with her birth control pills. She had 14 kids, but she doesn't really care.

The trouble with some women is that they get all excited about nothing, and then they marry him.

I read this article that said the typical symptoms of stress are: eating too much, impulse buying, and driving too fast. Are they kidding??? That is my idea of a perfect day!

I know what Victoria's Secret is. The secret is that nobody older than 30 can fit into their stuff.

Celebrate womanhood!!! Please forward this page to all the brilliant women in your life!!!

## LISTEN

When I ask you to listen to me and you start giving me advice, you have not done what I asked.

When I ask you to listen to me and you begin to tell me why I shouldn't feel that way you are trampling on my feelings.

When I ask you to listen to me and you feel you have to do something to solve my problems you have failed me, strange as that may seem.

Listen!!! All I ask is that you listen, not talk or do...just hear me.

Advice is cheap; twenty cents will buy you both Dear Abby and Billy Graham in the same newspaper.

I can do for myself. I'm not helpless; maybe discouraged and faltering but not helpless.

But when you accept as a single fact that I do feel what I feel, no matter how irrational, then I can quit trying to convince you and get about this business of understanding what's behind this irrational feeling. When that's clear, the answers are obvious and I don't need advice.

Irrational feelings make sense when we understand what's behind them.

Perhaps that's why prayer works...

God just listens and let's you work it out for yourself.

So please listen and just hear me And if you want to talk, wait a minute for your turn and I will listen to you.

Contributed by Josie Gillbanks.

Anon

Marriage is a journey  
towards an unknown  
destination - the  
discovery that people  
must share not only what  
they don't know about  
each other, but what  
they don't know about  
themselves.

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