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SCHWEIZERBUND (SWISS CLUB).

An Extraordinary Meeting of the above mentioned Club was held on Saturday, February 21st, at 74, Charlotte Street, W.1.

Mr. E. Siegrist, President, was in the Chair, and there were 45 members present.


The President acquainted the Meeting of the various negotiations which have taken place lately regarding premises of the Club, saying that after protracted efforts, the landlord of No. 74, Charlotte Street has agreed to enter into a new lease for seven years with a possible option for another 7 years at a rental of £1,000 p.a. and a deposit of £1,000 for dilapidations.

After lengthy deliberations, it was decided to re-build and re-organise the Club in the present premises, and that an appeal should be made to members and friends of the Club for Funds.

A detailed report will shortly be sent out acquainting the members and friends of the Club with the exact position and intentions of the Committee.

DEPRESSION

**NERVOUS
BREAKDOWN -
WEAKNESS -
ANAEMIA -
SLEEPLESSNESS -
MALNUTRITION**



**Strike at the Root
of the Disorders
— THE BLOOD**

Do you know that your blood is like a defending army within a fortress? The Red Corpuscles, if normal, are a strong, virile, efficient force which mans the walls and repels all attacks of disease. Weak Blood decreases the supply and multiplication of the health-defending Red Corpuscles, leaving the fortress (your system) vulnerable to the attack of any disease or epidemic that comes along.

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White
Blood**

makes straight for the Blood. Its special constituents are so balanced that they are absorbed through the digestive tract immediately into the Blood. They build up the Red Corpuscles at a terrific rate incorporating into the Blood an enormous recuperative force and an ever-increasing power to resist and throw off disease.



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Virile
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HOLIDAYS IN SWITZERLAND FOR SWISS CHILDREN IN THE U.K.

The London Group of the New Helvetic Society, in conjunction with "PRO JUVENTUTE," propose to organize again this year a holiday in Switzerland for children of 10-15 years, of Swiss parents living in the United Kingdom.

The holidays would start from about middle of July and would last four weeks. The normal cost of the railway fare from London to Basle and return would be about £13 per child but the organizers hope to get a considerable reduction hereon.

For those children whose parents are unable to defray the cost of the journey, the N.S.H., in conjunction with the Swiss Benevolent Society would endeavour to provide the necessary means.

"PRO JUVENTUTE" have kindly offered to provide the necessary funds for board and lodging in Switzerland for those children whose parents are unable to bear the cost. For paying members of the party the specially reduced price would be about Fr. 5.50 per day or a total of about £10.— for four weeks.

Children who hold an invitation from relations in Switzerland can also join the party.

Applications should be sent in writing by latest the 22nd March:—

- (a) by Residents in the London Area to:
Mr. A. C. Boller,
115, Burden Lane,
Belmont, Surrey.
- (b) by Residents in the Consular District of Manchester to the:
Consulate for Switzerland,
53, Spring Gardens,
Manchester.
- (c) by Residents in the Consular District of Liverpool to the:
Consulate for Switzerland,
African Chamber,
19, Old Hall Street,
Liverpool.
- (d) by Residents in the Consular District of Scotland to the:
Swiss Consular Agent,
Balloch, Scotland.

whereupon parents will be supplied with all relevant information.

HOLIDAY CENTRE IN SWITZERLAND FOR SWISS ABROAD.

While special holiday arrangements are being made by the Secrétariat des Suisses à l'étranger for adolescents and the younger children, it also runs permanently an excellent hotel at Klosters-Dorf for the benefit of the Swiss abroad. The Hotel Albeina, as it is called, is most beautifully situated both for summer and winter holidays, most beautifully built and furnished, and looking after the visitor with particular care. The costs to the visitor are kept as low as possible, at 10 Swiss francs a day in summer, including full board and service. Compatriots who have been there are enthusiastic. The accommodation being limited, early bookings are advisable. Further details can be obtained from the Hon. Secretary, N.S.H., 18, Montagu Place, W.1.