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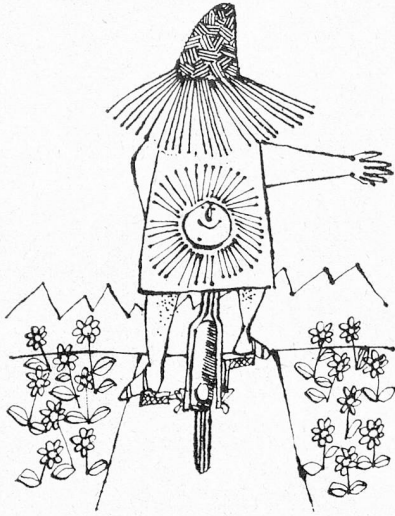
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MOUNTAINEERING SCHOOLS IN SWITZERLAND

The discovery and conquest of the Alps gave rise to a sport in the form of hill walking and climbing, which, in due course, has developed into an activity which now provides spiritual and physical pleasure for the populace of the larger urban settlements. Mountaineering is becoming more popular with every successive year as the average citizen takes to the hills. Those who are versed in the sport insist that, like many other sports, it has to be learned. This, of course, is something which even the English pioneers in the Golden Age of Alpinism had to acknowledge. Accordingly, when they and their families came over to Switzerland, they were in the habit of hiring the services of a local guide. This, in fact, was the foundation stone of today's mountaineering schools. To get to know one's way in ice and snow and to learn how to climb safely, there is no better method than joining one of these schools in the Swiss Alps. A one-week course will provide the diligent alpinist with all the equipment necessary to master techniques in ice and snow. In addition, the participants are instructed in first aid and rescue work and in the use of compass, altitude meter and maps. Fringe benefits include meteorology, geology and botany. Above all, however, it is the experience of the mountain guides which really opens the townsman's eyes to the beauties of the mountain landscape.

Full information is obtainable from the Mountaineering Schools at Arolla (VS), Fiesch (VS), Leysin (VD), Pontresina (GR), La Fouly (VS), Kandersteg (BE), Klosters (GR), Rosenlauri (BE). The latter is the home of the "Schweizerisches Bergsteigerinstitut."

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